

starters

avalanche nachos Tri-colored chips piled high with melted cheddar and pepperjack cheese, black olives, diced tomatoes, jalapenos, sour cream and green onions. Full order. 7.50 • Small order. 5.50

Top them with ground beef or spicy chicken for 2.00

calamari Lightly breaded and delicately fried. Served with sweet and spicy chili mustard sauce. 7.50

asiago artichoke dip A creamy blend of asiago cheese, artichoke hearts, sundried tomatoes and garlic. Served warm in a bread boule with carrot and celery sticks. 7.50

potstickers Crispy Asian pork dumplings served with Thai peanut dipping sauce. 7.00

avocado fundido Smashed avocados mixed with pico de gallo and shredded manchego cheese. Baked until bubbly and garnished with diced red bell peppers and cilantro. Served with tortilla chips for dipping. 6.50

chili con queso Spicy cheese and pork green chili dip. Served warm with tri-colored tortilla chips for dipping. Full order. 6.00 • Small order. 4.50

zingy wings Plump chicken drummies dipped in your favorite sauce: Extra Hot!, Barbeque or Sweet 'n Spicy. Served with ranch or bleu cheese dressing. 8.00

Add carrot and celery sticks for 1.00

crispy shrimp Lightly fried shrimp, tender on the inside and crispy on the outside. Tossed in a signature sweet Thai chili sauce and served on a bed of seaweed salad. 7.50

quesadilla Baked chipotle tortilla stuffed with melted cheese, green chiles and sliced black olives. Served with sour cream, pico de gallo and guacamole. 7.50

Add chicken or ground beef for 1.00

manchego cheese sticks Hand breaded manchego cheese, lightly fried. Served with your choice of ranch dressing or marinara sauce for dipping. 6.50

burgers

*Served with fries, chips and salsa, cottage cheese, creamy garlic mashed potatoes or a dinner salad.
Order onion rings for \$1.50 extra.*

All burgers can be prepared with a half pound Certified Angus Beef ® patty or grilled chicken breast. Or, choose a third pound, lean buffalo patty for \$2 more.

lovejoy's burger Topped with guacamole, applewood smoked bacon and pepperjack cheese. 8.75

kick ass burger With jalapeno peppers, habanero salsa and cheddar cheese. Spicy!! 8.25

cheeseburger Choose your favorite cheese to melt on top: cheddar, manchego, American, pepperjack or Swiss. 7.50

rodeo burger Topped with barbeque sauce, melted cheddar cheese and an onion ring. 8.25

wolfinburger With fried egg, applewood smoked bacon and American cheese. 8.75

bronco burger Featuring sauteed mushrooms and melted Swiss cheese. 7.75

classic burger With applewood smoked bacon and cheddar cheese. 8.25

cowboy burger Topped with applewood smoked bacon, barbeque sauce and cheddar cheese. 8.75

greens

Dressings include: Ranch • Bleu Cheese • Dorothy Lynch • 1000 Island • Dijon Vinaigrette

salad shakers

Served in a cocktail shaker - shake in your own dressing.

chicken cobb Mixed greens, grilled chicken breast, applewood smoked bacon, tomatoes, fresh avocado and sliced hard boiled egg. Best dressed in Bleu. 8.50

crispy chicken Mixed greens, breaded chicken strips, cheddar cheese, red bell peppers, hard boiled egg, tomatoes and your choice of dressing. 8.00

chef salad Mixed greens, chopped bacon, ham, turkey, hard boiled egg, cheddar and Swiss cheese and your choice of dressing. 8.50

cod and seaweed salad Grilled cod filet, fresh pineapple, red bell pepper and tomatoes served on a bed of seaweed salad with a side of sweet chili sauce. 8.50

taco salad Ground beef or spiced chicken breast served in a tortilla shell with lettuce, cheddar cheese, pico de gallo, black olives, guac, salsa and ranch dressing. 8.50

soup & salad combo A bowl of homemade soup of the day paired with a house salad with your choice of dressing and toasted focaccia bread. 6.50

santa fe salad Mixed greens topped with grilled chicken breast, black bean and corn salsa, black olives, guacamole, pepperjack cheese and tortilla chips. Served with ranch dressing and salsa. 8.50

sandwiches

*Served with fries, chips and salsa, cottage cheese, creamy garlic mashed potatoes or a dinner salad.
Order onion rings for \$1.50 extra.*

cuban panini Sliced pork loin, black forest ham, banana peppers, pickles, melted American cheese and spicy mustard stacked on jalapeno cheddar bread. 8.50

buffalo chicken wrap Crispy chicken dipped in spicy buffalo sauce and rolled in a chipotle wrap with spinach and melted pepperjack cheese. Served with your choice of ranch or bleu cheese dressing on the side. 8.00

steak sandwich Tender six ounce Certified Angus Beef® sirloin grilled how you like it. Served open faced on slices of toasted sourdough. 10.00

blt wrap Applewood smoked bacon, spinach, sprouts, tomatoes and avocado wrapped in a garden veggie tortilla with herb cream cheese spread. 8.00

buffalo meatloaf sandwich Homemade spiced buffalo meatloaf, sliced thick. Topped with melted manchego cheese and tucked in a hoagie with chipotle aioli. 8.00

gyro Gyro meat tucked in flatbread with shredded lettuce, tomatoes and tzatziki sauce. 8.00

prime rib Philly Slices of slow roasted prime rib stacked in a hoagie with sauteed onions, peppers and melted manchego cheese. 9.00

crispy shrimp wrap Lightly fried shrimp, tender on the inside and crispy on the outside. Tossed in sweet Thai chili sauce and rolled in a flour tortilla with seaweed salad and sprouts. 8.00

sunshine crunch Sourdough bread dipped in egg batter, rolled in crushed potato chips and grilled. Filled with thin sliced smoked turkey breast, applewood smoked bacon, Swiss and cheddar cheese. 8.50

focaccia melt Pepperoni, smoked turkey breast, melted pepperjack cheese and sliced tomatoes on jalapeno cheddar bread. 8.00

mediterranean wrap Gyro meat, spinach, asiago cheese, green olives and tzatziki sauce served in a garden veggie wrap. 8.50

turkey club A triple stack of smoked turkey breast, applewood smoked bacon, lettuce, tomatoes, Swiss cheese and herb cream cheese on sourdough. 8.50

veggie burger Topped with sliced tomato and avocado and served on a multi-grain bun. 7.50

veggie wrap Fresh spinach, red bell peppers, sprouts, fresh avocado, seaweed salad and manchego cheese rolled in a garden veggie wrap with cucumber sauce. 8.00

cod po' boy Grilled cod filet drizzled with sweet chili sauce. Tucked in a hoagie with shredded lettuce and tomatoes. 7.50

half sandwich and cup of soup Sunshine Crunch, Focaccia Melt, Prime Rib Philly, Gyro or Buffalo Meatloaf Sandwich. 6.00

favorites

shrimp or chicken basket Breaded chicken strips or breaded butterflied shrimp served with fries. 7.50

fish slider basket Four mini cod filets topped with sweet chili aioli and melted Swiss cheese and served on jalapeno cheddar bread. Paired with fries. 7.50

fish 'n chips Lightly battered white fish, fried golden. Served with french fries, tartar sauce and malt vinegar. 8.00

chimichanga Choose from chicken and cheese or beef and cheese. Smothered in pork green chili and served with Spanish rice. 8.00

soft tacos Stuffed with cheese, tomatoes, lettuce, green onion and your choice of grilled chicken breast, ground beef, grilled cod or crispy shrimp. Served with chips and salsa. 8.00

fajita burrito Sliced steak or grilled chicken breast rolled in a tortilla with roasted bell peppers, onions, Spanish rice and pepperjack cheese. Topped with pork green chili and served with chips and salsa. 9.50

enchiladas Choose any two: cheese, chicken and cheese, ground beef and cheese or shrimp and cheese. Topped with pork green chili or mild enchilada sauce and served with Spanish rice. 8.00

entrees

*All entrees are served with a cup of homemade soup or a house salad.
Order an a la carte lunch portion of pasta for \$8.*

grilled tenderloin tips Served over creamy mashed potatoes with mushrooms and onions. Topped with a red wine demi glace. 12.00

steak & shrimp Six ounce Certified Angus Beef® sirloin paired with breaded shrimp and cavatappi pasta tossed with peas and creamy white cheddar cheese sauce. 16.00

buffalo meatloaf Homemade chipotle spiced buffalo meatloaf, sliced thick. Served with creamy garlic mashed potatoes and a rich demi glace. 12.00

pork marsala Grilled pork loin topped with a mushroom marsala wine sauce and paired with creamy garlic mashed potatoes. 12.00

chicken fried steak Breaded and fried beef cutlet served over a bed of creamy garlic mashed potatoes. Topped with rich country gravy. 10.00

grilled cod Paired with cavatappi pasta tossed with peas and creamy white cheddar cheese sauce. 12.00

honey stung fried chicken Boneless, breaded fried chicken served with sweet and spicy sauce for dipping. Accompanied by creamy garlic mashed potatoes and gravy. 12.00

fettuccine alfredo Our new house recipe featuring a rich garlic asiago cream sauce served over fettuccine. Topped with grilled chicken breast. 10.00

cajun seafood pasta Sauteed bay scallops, shrimp and crab tossed in a creamy Cajun spiced asiago cream sauce and served over fettuccine. 13.00

baked cavatappi pasta Ham, peas and creamy white cheddar cheese sauce tossed with cavatappi pasta. Topped with bread crumbs and baked until bubbly. 12.00